#### Creditable Cereals According to FNS Nutrient Criteria For Breakfast Cereals Served to Children Ages One and Older **General Mills** Corn Pops Malt-O-Meal

**Apple Cinnamon Cheerios** 

Basic 4

Berry Berry Kix **Berry Burst Cheerios** 

Boo Berry Cheerios

Chocolate Lucky Charms Cinnamon Grahams Cinnamon Toast Crunch

Cookie Crisp Corn Chex Count Chocula Fiber One Franken Berry French Toast **Frosted Cheerios** Frosted Chex Golden Grahams

Harmony

**Honey Nut Cheerios** Honey Nut Chex Honey Nut Cluster

Kaboom Kix

**Lucky Charms** Multi-Bran Chex Multi-Grain Cheerios Oatmeal Crisp Triple Berry Oatmeal Crisp W/ apples and

cinnamon

Oatmeal Crisp W/ Raisins Oatmeal Crisp W/Almonds Para Su Familia Rain Bran Peanut Butter Cookie Crisp Peanut Butter Toast Crunch

Raisin Nut Bran Reese's Puffs Rice Chex **Team Cheerios** Total Corn Flakes Total Raisin Bran

Trix

Wheat Chex Wheaties

Wheaties Raisin Bran

# Kellogg

All-Bran original All-Bran W/ Extra Fiber

All-Bran Yogurt ites All-Bran, Bran Buds

Apple Cinnamon Squares mini wheats

Apple Jacks Berry Rice Krispies Cinnamon Mini-Swirlz Cocoa Krispies

Complete Oat Bran Flakes

Complete wheat bran flakes

Corn Flakes

Corn Flakes W/ Real Bananas

Cracklin' Oat Bran Cran-Vanilla Crunch

Crispix

Crispix Cinnamon Crunch

Disney Hunny B's Disney Mickey's Magix Disney Mud Bugs

Disney Pixar Finding Nemo Disney Pixar Incredibles

Disney's Pirates of the Caribbean Eggo Crunch Cereal, maple flavored

Froot Loops 1/3 less sugar Froot Loops 1/3 less sugar Frosted Flakes 1/3 less Sugar Frosted Flakes 1/3 less Sugar

Frosted Mini-Wheats

Frosted Mini-wheats, bite size

Frosted Rice Krispies

Fruit Harvest Apple Cinnamon Fruit Harvest Banana Berry Fruit Harvest Peach Strawberry Fruit Harvest Strawberry/ Blueberry

Honey Crunch Corn Flakes Just Right Fruit & Nuts Kashi Mighty Bites

Kashi Mighty Bites Honey Crunch

Cereal

Low- Fat Granola w/o Raisins Low-Fat Granola w./ Raisins Marshmallow Blasted Fruit Loops

Mini Swirlz Fudge Ripple Mini -Wheats Vanilla Crème Mini-Wheats Strawberry Delight

Mueslix Product 19 Raisin Bran

Raisin Bran Crunch Raisin Mini-Wheats Rice Krispies

Rice Krispies Treats Cereal

Robots

Scooby-Doo! Berry bones **Shredded Wheat Miniatures** 

**Smart Start** 

Smart Start Healthy heart

Smart Start Healthy Heart, Maple

**Brown Sugar** 

Smart Start Soy Protein

Smorz Special K

Special K Fruit & Yogurt Special K Low Carb Lifestyle Special K Red Berries

Sponge Bob Square Pants

Star Wars

Strawberry Mini-Wheats

Tiger Power

**Toasted Honey Crunch** Tony's Cinnamon Krunchers Apple Cinnamon Toasty O's

Apple Zings

Berry Colossal Crunch Blueberry Muffin Tops **Cinnamon Toasters** Cocoa Dyno Bites Coco-Roo's Colossal Crunch Corn Bursts Corn Flakes

Farina Hot Wheat Cereal

Frosted Flakes

Crispy Rice

Frosted Whole wheat Cereal

Fruity Dyno-Bites Golden Puffs

High Fiber Bran Flakes

Honey Buzzers Honey Graham Honey Nut Toasty O's Lightly Frosted Bran Flakes

w/strawberries

Maple and Brown Sugar hot wheat

cereal

Marshmallow Matey's

Perfect Balance hot wheat cereal

Puffed Rice Cereal **Puffed Wheat Cereal** 

Raisin Bran Tasty O's Tootie Frootie's

## **Post**

Banana Nut Crunch **Blueberry Morning** 

**Bran Flakes** Cocoa Pebbles Corn Flakes Frosted Alpha Bits

Frosted Shredded Wheat Bite Size Fruit & Fiber Dates, Raisins, Walnuts

Fruity Pebbles Golden Crisp **Grape Nut Flakes Grape Nuts** 

Great Grains Crunchy Pecans Cereal

Great Grains Date & Pecan Honey Bunches of Oats

Honey Bunches of Oats w/ Almonds

Honey Comb

Marshmallow Alpha Bits

Oreo O's

Post 100% Bran Cereal

Raisin Bran

### Quaker

Apple Zaps Brown Sugar Bliss Cap'n Crunch

Cap'n Crunch with Crunch Berries Cap'n Crunch's Peanut Butter Crunch Cinnamon Crunch bagged cereal

Cinnamon Crunch bag

Cinnamon Life

Cinnamon Oatmeal Squares

Cocoa Blasts

Cranberry Macadamia hot cereal

Cream of Wheat Instant

Cream of Wheat Mix'n Eat, Apple,

Banana and Maple syrup

Cream of Wheat Mix'n Eat, Plain

Crispy Corn Puffs Crunchberry Bran

Farina, Creamy Wheat, Enriched Farina, Enriched, Cinnamon flavor

Frosted Oats Fruitangy OH's

Fruity Brontosaurs Blasts, bagged cereal Fruity Ocean Adventure, bagged cereal

Grits w/ American cheese flavor

Grits w/imitation bacon bits

Hominy Grits, White

Hominy Grits, White, Quick

Hominy Grits, Yellow Honey Crisp Corn Flakes

Honey Graham O's

Honey Graham bagged cereal

Honey Nut Heaven Honey Nut Oats

Instant Grits w/ imitation ham bits

Instant Oatmeal Apples & Cinnamon

Instant Oatmeal Baked Apple

Instant Oatmeal Banana Bread

Instant Oatmeal Cinnamon-Spice

Instant Oatmeal Dinosaur Eggs,

"Dinosaur Bones", Brown Sugar and

Cinnamon

Instant Oatmeal Express, Baked Apple

Instant Oatmeal Express, Cinnamon Roll

Instant Oatmeal Express, Golden

**Brown Sugar** 

Instant Oatmeal French Vanilla

Instant Oatmeal fruit and cream variety

Instant Oatmeal Honey Nut

Instant Oatmeal low sodium

Instant Oatmeal Maple & Brown Sugar

Instant Oatmeal Raisin and Spice

Instant Oatmeal Treasure Hunt

Instant Oatmeal, Nutrition for Women,

Apple Spice

Instant Oatmeal, Nutrition for Women,

Golden Brown Sugar

King Vitamin

Kretschmer Honey Crunch Wheat Germ

Kretschmer Toasted Wheat Bran

Kretschmer Wheatgerm, regular

Life

Marshallow Safari

Oat mmm's

Oatmeal squares

Oatmeal, instant raisins, dates, and

walnuts,

Puffed Rice

Puffed Wheat

Quaker Oat Bran Cereal

Quisp

### Ralston

Corn Biscuits
Corn Flakes

Crispy Hexagons

Tasteeo's

# **Miscellaneous**

Health Valley, Fiber 7 Flakes
Just Right w/ Crunchy Nuggets

Nutri-grain, Wheat

Oats, Corn and Wheat Squares, pre-

sweetened, maple flavored

Oats, Corn Puffed mixture, pre-

sweetened, single blend

Oats, Corn Puffed mixture, pre-

sweetened, with marshmallows, single blend

Wheat and Bran presweetened with

nuts and fruits

Wheat and Malt Barley Flakes

Wheat and Malt Barley Plain

Wheat Puffed Pre Sweetened

Wheat, Shredded, presweetened

Whole Grain Total

Whole Wheat Rolled Oats

presweetened with Pecans

Whole Wheat, rolled Oats,

presweetened with nuts and fruit

Whole wheat, rolled Oats,

presweetened with walnuts and fruit

Whole Wheat, Shredded, presweetened